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England Face Injury Crisis Again

Last week we had some bad news which was all over newspapers in England. Every single newspaper was talking about Rio's horrible injury which he suffered in training which will rule him out of this year's World Cup in South Africa. This is a massive blow for the lad and England of course. Wonder what he is thinking? What will he do this summer other than resting his knee and recovering from it? Will he decide to stay with the squad and support them or will he go to [cruises](#) trip to the Caribbean.

Rio Ferdinand no doubt is one of the best defenders in English football and the World. His absence from the World Cup is a massive loss to England's football team. Now who will Fabio Capello choose to partner John Terry in England's defense. Even though Ferdinand hasn't had a good season because of injury he is still a massive loss for England. He is one of the most skillful central defender England has produced in many years. His skills and leadership will surely be missed by England in big matches as the tournament progresses.

It was like a freak accident when he injured his knee after a collision with Emile Heskey. This is not the first time England have faced injury crisis, it has happened in Euros when Rooney got injured. It happened in 2002 World Cup when Steven Gerrard got injured before the World Cup and missed the whole tournament. Michael Owen got injured in 2006 World Cup after a freakish fall. It looks like there is a curse on England when the big tournaments arrive its big players get injured.

Rio I have a suggestion don't rush it mate you still have another World Cup to participate in so I think you should go on [princess cruises](#) or [regent cruises](#) to rest and relax in the Caribbean somewhere for few weeks.

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