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Fun Activities For Summer

So far we are having a great summer. But you don't want to bet against English weather as we all know. People in the UK die for hot weather hence most people are always going abroad to enjoy milder and sunnier weather. As soon as we start getting sunnier and warmer weather we are all on the look out for doing some fun outdoor activities. Some enjoy going for a swim in the local [swimming pools](#) or the beach. Some like to have bbq parties to enjoy the mild and sunny weather with their friends and family. Cricket season in the UK starts in the summer and a lot of people participate playing the sport for their local clubs or go and see their local team play.

As you can see above there are so many things to do and so little time. I will be listing out which activities are widely used by UK citizens during summer. There has been a research in the past showing that more people join the gym for swimming in the summer than the winter. Swimming is good because while you are having fun in the pool you are also working your body out.

Another research shows an interesting piece of information that parents spend a lot on toys for their kids around the summer. Kids are always looking at the Argos book to find out what's new in the summer toys range. Trampolines and climbing frames are being sold left, right and centre in the UK. Many households own a trampoline if not then something else in their back garden. The good thing about this is that parents won't have to worry where their kids are when they are sunbathing or having a bbq party at the back garden because the kids can play in their outdoor toys.

Several people already have started buying [above ground pools](#) in their property nowadays so they don't have to visit the gym everyday. Yes you do require swimming pool equipments such as pool covers and [swimming pool chemicals](#), but it's worth it.

Go swimming and get fit this summer.

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