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Great Water Sports - Water Ski

If you love to water ski and want to take it up a notch then you might like to indulge in slalom water skiing. Novices who want to try out something new like water skiing should possess the aptitude for enjoying the sport. You need to have the dexterity and the posture to balance yourself on one ski instead of two skis, when it comes to slalom water skiing. Stability and poise are the two requisites and hence it is advised that you select the skis cautiously.

[Slalom Water Ski](#)

Choosing a slalom water ski.

Before your final decision on the ski, check out your weight and also the speed with you ski. These are the two basics which need to be kept in mind when buying the slalom water ski. Generally the heavier you are the larger the ski will be.

You should discuss this with your local sports salesperson before you buy. Sometimes for faster speed you may have a slightly smaller ski. Your ability and talent plays an important role.

The manufacturer will recommend a ski to fit certain skill levels. Novices should go in for a slalom ski which can be easily maneuvered. If you select a ski above your skills it could prove dangerous for you. Depending on the practice and the improvements you make, you could always go in for the latest skills.

Always go in for the right size of boots which fit perfectly. Boots which are too tight would lead to an ankle twist or a broken knee if you trip all of a sudden. Loose boots are equally risky. Depending on your requirement, you could select the boots of your choice, be it full boots or toe covers.

Choose the ones that are suitable for you and that you feel comfortable with. Fin systems are becoming increasingly popular, thanks to the joy and enthusiasm it brings with slalom water ski. Your selection has a lot to do with your liking and inclination.

the approach adopted in water skiing and the turns taken would decide on the ski to be chosen.

Utilize your slalom water ski carefully.

In water skiing, positioning the feet is vital and ideally the weak foot needs to be placed in the front and the strongest one behind. This is because your back foot will act as a balance and help you position yourself. It lends support while rising up from the water so that the boat does not pull you down.

The boat cannot afford to be rash as otherwise it could make the ski tumble and you will also lose out balance. Once it is taut and you are ready be sure to align your body, legs and arms with the rope. Keep your palms facing down while you are holding the rope.

Be patient if you are not able to do things carefully, you need to understand that balancing on one ski calls for a lot of dexterity and proper control. Once you have managed to maintain stability and balance, you are going to love water skiing.

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