

Published based on [Improve Your Golf Grip Game With These Proven Tips](#)

Improve Your Golf Grip Game With These Proven Tips

[Golf Grip](#)

Getting out in the fresh air and sun is good medicine for everyone, and that's just one of the many reasons that so many people enjoy to play golf. The serenity of the game is contrasted by the sheer amount of focus it takes so succeed. If you want to succeed, check out these golf-related tips.

Avoid the 'golf grip it and rip it' mentality off the tee if you are playing a short par 4. Plan ahead and figure out where you want your second shot to be. This way, if the best, safest second shot is from a longer distance from the green, you can opt for a shorter club off the tee and keep from launching a poor drive that does you now good.

In order to eliminate your overpowering dominant hand from taking over your short game shots and causing poor results, consider adjusting your grip. Instead of using a traditional baseball or one finger overlap, a grip that involves overlapping several of your fingers from each hand will give you much more stability for these touchy finesse shots.

When trying to find the right grip for your golf game remember that most of the grip pressure should be focused on the last three fingers of your left hand. There should be absolutely no pressure put on your thumb and forefinger of your right hand when getting ready for a shot.

One easy suggestion for trying to hit a fade is to add a little more squeeze to your grip. While you may not have the full distance you would gain from your normal grip, using a little more strength, especially in the non-dominant hand, will give you that extra movement on the ball when you need it. Practice this on the driving range.

Hold the golf club properly. To ensure the perfect grip, lay the handle of the club across your palms and hold the handle with your thumbs orientated downward. Try to ensure both hands touch each other. To hit the ball for distance, hold the club towards the upper half of the handle, and for precision shorter distances, hold the club lower.

One of the first things to get down while learning how to golf is the grip. By far and large the way you grip your golf club is the single most important way to alter your golf game. A good grip ensures stability and consistency with your swing, which will help you improve your game.

To test your grip for the right firmness, shorten your thumb. Place your left hand on your club in its normal grip with the thumb pointing down. Now slide the thumb up approximately one centimeter. You should notice a tightening of the last two fingers on the hand. This is what your pressure should be to allow for a proper grip.

If you are looking to improve your golf grip, then be sure that most of the grip pressure is felt with the last three fingers on your left hand and not much pressure in your right with no pressure at all being felt in your thumb or forefinger of your right hand.

Golf can be likened to a duck in a pond. It's calm on the surface, but those feet are going a mile a minute under the water. However, the great golfers out there are also calm inside, and that's what separates good players from the average players. Don't be the ugly duckling of the country club. Use these tips to help progress your golfing game.

You can also find this article published on [Improve Your Golf Grip Game With These Proven Tips](#), and on the tag pages [game shots](#), [Grip](#), [grip pressure](#), [hand](#), [pressure](#), [three fingers](#).