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If like me you are numbed by the endless stream of wonder systems being offered on the internet and the hype that comes with them I'm sure you will find this refreshing.

In the next few moments I will show you a system that has made me consistent profits year after year, which is so easy to follow, even I use it.

But first let me confess, I didn't always make a profit, sure I could find a steady stream of winners and grow a betting bank quite nicely, even make the odd withdrawal. Then things would go not so well for a while and all too often I found the need to top up my betting bank. If I'm honest I probably didn't make a lot of money from betting and if I was to be brutally honest, I probably lost money overall.

Winning at betting is NOT EASY! Winning at betting typically takes HOURS AND HOURS of painstaking form study. Most betting systems plain DON'T WORK! Long losing runs plant seeds of DOUBT in our minds about our system or approach. So it was hardly surprising that I couldn't make it pay consistently,

Up until 10 years ago I had never owned a home computer, I saw them at work but avoided them like the plague. More and more people were using them and I eventually succumbed and took my first tentative steps at using one.

I soon discovered the potential and lost the fear of this new technology, even bought one for home. A whole new world opened up and as far as betting was concerned I didn't even have to leave the house.

Up until then my betting pursuits had been of a solitary nature, something I pursued with no knowledge of what other people might be doing, I thought other punters were people I bumped into at smoke filled betting offices or at the local racetrack.

The internet showed me there were other people out there, who were willing to talk and share ideas, so betting was no longer a lone pursuit.

I soon learned that a structured and disciplined approach was required, if serious and regular profits were to be made from betting.

This was fantastic; these guys had a professional approach and treated their betting like a business, a concept that had never previously occurred to me.

Eureka I had found the golden goose, well as it turned out I might just about have found an egg. I bought a few betting systems, some were ok and taught me a lot, most did not work and some, I have to admit were just plain scams.

I studied the good ones and found that with a little work they could be modified to suit my own needs and preferences;

I could improve on their profitability, reduce some losing runs and certainly learned more importantly how to reduce my losses.

It was true, it is possible to make regular profits from betting, if the correct approach...

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