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Reduce Your Golf Handicap - Top Pro Tips Demonstrate How

Be early, appear in the golf course at least thirty minutes before the game

Amateurs are well known for arriving at the golf-club with just seconds to spare before they're due to tee off. Leave your home in sufficient time to take a leisurely drive to the golf course. Then you could read up on some of your favorite [golf swing tips](#). One tip is to relax your mind and listen to your favorite music, advisable music are the ones that are soothing and relaxing. Relaxing will help the player's mind focusing on his aim and improve his game.

Check in first at the pro shop before preparing yourself and changing. Checking in first allows you more time to prepare physically and psychologically prior to the game, in that way, you will exclusively think only to the sport and won't be bothered anymore in the waiting line. This will provide you plenty of time to picture the golf swing basics and prepare yourself ready for the game ahead.

Sort Out and Arrange The Material Inside Your Golf Bag.

It would such be a waste of time rummaging within your golf bag to search for your gear, therefore the perfect thing to do is to arrange the contents inside in order that when tee time comes, you'll be ready.

Spend ten minutes warming up on the range.

Warm up is extremely important to every sport, this assists loosening and relaxing the muscle, so commence with gentle wedges and gradually increase the tempo. Your technique should be emphasized whenever you do the warm-up.

Spend five minutes working on your putting rhythm.

It's not advisable to rebuild the technique of your swing when you're in range, same as with putting, the technique of your stroke will not be used in the putting green. The ball should be able to roll smoothly and correctly when putting. An example of a nice technique in putting is to be able to hole after several long-range putts.

How You Can Be Cool and Concentrated During First-Tee

A golfer always be aware that the first few holes are much more vital than the last of his strokes, that is why it's important to focus on the first tee. The very first shot or the first tee shot always make the player anxious as it sets the game, the ball has no guarantee on where to perfectly land, but there are strategies that the player can do to better the game plan.

The first thing to remember is that everyone is in the same boat and that no one is immune to nerves - not even Tiger Woods or Nick Faldo. Use your negative feelings in a positive way that will help you aim properly to your goal. Here is a checklist to assist you to overcome the first-tee jitters:

- Slow down your routine to catch up on the fact that you will instinctively speed everything up when you're nervous.
- You should be able to picture out how you would perform your shot during your tee time.
- Make a target so that your brain will follow and make your stroke great for your shot.
- Warming up is the thing that you need, proper warm up ought to be done before you make your first-tee, it will relax the muscles as well as your mind.

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