

Published based on [Tips for Improving the Back Swing while on the Golf Course](#)

# **Tips for Improving the Back Swing while on the Golf Course**

One certainty with the golf long game is that you simply can't constantly hit a golf ball devoid of a good, steady backswing. And the principles that have developed with the backswing within the previous 75 years are dramatic.

With the recent improvement in yardage and accuracy, while often being credited to improved golf equipment, conceivably greater tribute needs to be given to the greater performance that professional golfers have through their backswing method. We'll now indicate some of those efficiencies with this [Simple Golf Swing](#) suggestion.

The old technique, which started to alter approximately 60 years ago, involved rolling the wrists and then having an open club face at the top. The difficulty came as the club head approached the ball, since the clubface to be able to get to the required square point at striking had to become adjusted for getting there. Given that professionals work on their skills so much, as a rule their expert timing brought the club to position. Nevertheless there was quite a great deal of margin for error.

Nowadays the thought process would be to keep the clubface as closed as feasible through your whole backswing devoid of ever having to manipulate the clubface back with the square point. To accomplish that requires some swing keys that the golfer could feel unfamiliar and could seem to some extent uncomfortable, but when they may be mastered ought to provide a better, more dependable ball striking. This will result, obviously, in increased yardage and greater accuracy

The very first step within the backswing must always involve a activate mechanism. Many golfers employ the forward press for transferring you from your still place to easily transitioning you into the backswing. The frontwards press is just a extremely small forward advance with the hands previous to your take back. Different players have different activate mechanisms; the idea is provided you are to get a good backswing you need one.

The next point will be the key, which is the location with the hands when taking the club back, or the backward wrist break. Instead of lifting the club and rolling the wrists when you take your club back, undertake this tactic. Bring the back of your right hand directly back as though it were going to stretch out touching the back of your right wrist, if it were able to bend that far. The right hand must remain at right angle and upright to the ground. Turn and allow the arms to take the club to full backswing position.

If done correctly, there shouldn't ever be a wrist roll and the clubface must be closed at the top of your backswing. Don't trouble yourself with how far you bring your club back. Just extend back as far as you can without losing stability or causing you to stretch out too far. When you bring the club down and the clubface comes at the ball, there will be no manipulation required to get the clubface where it needs to be. Merely bring the club through your proper [Golf Swing Plane](#), and the majority of the variables that go into hitting a golf ball consistently will disappear.

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