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# Tips To Coach Youth Soccer

Let me ask you a simple question. To [Coach youth soccer](#), what are the 3 things for the coach to do? Before you answer this question, it is important to know that youth soccer is all about letting the kids have fun. The focus should be on making drills and sessions so exciting that they are always full of enthusiasm.

So, to teach youth soccer, remember the following rules. These will give you the leverage to turn the young kids into expert players.

Let the players have fun: As discussed, youth soccer translates into fun sessions for the players. As a coach, prepare each of the sessions beforehand. As an example, ask them to do warm up drills before moving to the regular drills. Once completed, make the kids move to more advanced drills, for example, passing dribbling, and controlling the ball.

To add to that, encourage the players to think creatively. It is important to inspire them to try new things and if they commit mistakes, do not interrupt blatantly. Discuss with them after the practice session is over. It is essential to take the parents into confidence if you wish to make the game enjoyable for the players.

### [Coach youth soccer](#)

To coach youth soccer, it is vital because the players are more at home than on the field. Ask for cooperation from the parents since it is crucial in keeping a check on their daily diet, regularity in sessions, and encouragement.

Condition yourself to the age level: Teaching soccer to the young players is generally between the age of 7 and 14. At this age, it is a challenge to define the drills that actually catch their attention. So, you must think proactively to consider drills that are fun for the kids. And, ensure that you keep the age level of the players in mind while communicating with them and remain very casual in your conversation.

It makes sense to split the group into two and name them differently. This pumps in a sense of belongingness. It is recommended not to conduct a lot of experimentation also. A well designed session consists of both new as well as old tricks.

Document the Drills: You must always write down the sessions, drills, and the goals associated with them. It helps in developing a strategy for the team. Recorded data is highly beneficial in depicting the performance of the players. When you have to revisit your plan, it is easy to do so when it is in a written form.

And then, it is super-easy to measure your goals. It is quite normal for some things to go awry and then, you can always check them.

It is safe to say that youth soccer is a dynamic, fun-filled, and yet a responsible job. However, with proper planning and these essential tips handy, you will succeed at it without a doubt.

Test them right way. These tips on coach youth soccer are sure to bring positive results for your team. If you would like access to a mass of resources on youth soccer, join our youth soccer coaching community.

### ABOUT THE AUTHOR:

Andre Botelho is the author of "The Expert Youth Soccer Coaching Guide" and he's a recognized expert in the subject of youth soccer coaching. Learn how to explode your players' skills and make training fun in less than 29 days! Download your free pdf guide at: [Soccer Training](#)

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